



Three Towers Emotional Literacy Online Resources

These resources will help support you with your Emotional Literacy studies.

If you need any help, please email: tel@ttapa.net

Century Tech:

<https://www.century.tech/>

Log in is the same as your school
one



Wellbeing

YOUNGMINDS <https://youngminds.org.uk/>
fighting for young people's mental health

<https://stem4.org.uk/>

stem4
supporting teenage mental health



<https://moodgym.com.au/>

<https://www.smilingmind.com.au/>



